

YourCare Health and Wellness Program Wins Case in Point Platinum Award

LAKE FOREST, IL--(Marketwire - May 24, 2011) - **YourCare**, offered by **LifeWell** through its TPA partner, **CoreSource**, a leading third-party administrator, has been recognized as one of the most successful and innovative **case management programs** in the country by the second annual **Case in Point Platinum Awards** program. **YourCare** was named the winner of a Case in Point Platinum Award in the program's Safety and Quality Management Program category, recognized for ensuring care to patients with safe, effective, **evidence-based care**.

"This award provides outside validation that **YourCare's** method of encouraging compliance with evidence-based standards of care is making a real difference for our members and clients," said Donna Heiser, Vice President, Healthcare Management, CoreSource. "We get great feedback from our members about how much our program has helped them achieve their health goals, but formal recognition from the Case in Point Platinum Awards program means the marketplace will gain greater awareness of our program's effectiveness."

YourCare has demonstrated success in quality management with increased compliance, better health outcomes for participants, lower costs for employers and improved health for entire employee populations. **YourCare** provides employers with an estimated return on investment of 2.3 to 1.

CoreSource received the award during the May 10 Case In Point Platinum Awards Luncheon, which was held at the National Press Club in Washington, D.C. The awards program is sponsored by Health, a leading publisher of healthcare business information, including *Case In Point*, *Case In Point Weekly* and the *Case Management Resource Guide*.

YourCare was introduced in 2007 to maximize the health of all members, particularly high-risk members with one or more chronic conditions, while minimizing employers' healthcare spending. Through **YourCare**, members with **chronic conditions** who are not following evidence-based standards of care are notified about "gaps" in their care and encouraged to make an appointment with their doctor. Members who are overdue for important **preventive tests** get friendly reminders.

The program goes beyond traditional disease management by identifying high-risk employees for targeted interventions even before large costs are incurred. Registered Nurses reach out to help **high-risk members** get back on track before serious illness arises and healthcare bills skyrocket. They also empower patients to learn and understand their care and prepare them with questions to ask their doctor.

"With our population health management program, members with chronic conditions are complying more with recommended guidelines for care, they're getting the preventive tests and screenings they need, and they're talking to their doctor more," Heiser said. "As a result, employers are gaining more control over their healthcare spending."

About CoreSource

LifeWell's partner for claims administration and utilization management, CoreSource is one of the nation's leading TPAs, delivering integrated, customized employee benefit solutions to self-funded employers. CoreSource is a subsidiary of Trustmark Mutual Holding Company. Trustmark has assets of more than \$1.7 billion and, through CoreSource and other subsidiaries, administers more than \$2.5 billion in health and life benefits annually.

For more information on **YourCare and LifeWell, visit www.lwhp.com.**